

TABLE OF TERESIAN SPIRITUALITY: I WANT TO SEE GOD

FIRST PHASE				I. –PERSPECTIVES
God intervenes with <i>General Help</i>				
				1. The Interior Castle
				2. 'I want to see God.'
				3. Self-Knowledge.
				4. Interior Prayer
	GOD'S ACTION	SOUL'S ACTION	CHRIST	5. The Good Jesus
				6. Teresian Asceticism
I. Mansions Spiritual Life is almost extinguished.	No apparent action	Avoid Mortel Sin.	Study Jesus Christ in the Gospel and	7. The devil 8. The Teresian Spirit 9. Spiritual Growth
II. – THE FIRST STAGES				
II. Mansions Vigourouse and painful effort to Ascend	Tangible Consolations and Dryness.	Applies oneself to prayer, recollection, the correction of faults, the organization of a spiritual life by rules, and detachment. The vigorous and persevering effort is encouraged with the help of reading, spiritual direction and friendship.	attach yourself to His Humanity.	1. The First Mansions 2. At the Beginning 3. The Initial Experience of Interior Prayer 4. The Prayer of Recollection 5. Spiritual Reading 6. Distractions and Dryness 7. Spiritual Friends 8. Spiritual Direction
III. Mansions Triumph of Reasonable Activity	Recollects oneself with ease.	A well-organized pious life, sin is avoided, the prayer of simplicity is practiced.		9. Balanced Life and Simplified Interior Prayer 10. Supernatural Wisdom and Christian Perfection
SECOND PHASE				III –CONTEMPLATION AND MYSTICAL LIFE
God intervenes with <i>Specific Help</i>				
Introduction.	God progressively intervenes in the soul with the gifts of the Holy Spirit. He invades it bringing about a loving transformation	The soul accepts God's rhythm, offering himself to God in humility, patience; it enhances the development of its action with an energetic asceticism.	Wisdom of an Active Love	1. The Wisdom of Love 2. The Gifts of the Holy Spirit 3. The Gift of Self 4. Humility 5. Silence 6. Solitude and Contemplation 7. Contemplation 8. A Call to Mystical Life 9. Theology and Contemplation 10. Faith and Contemplation
				IV. UNTIL UNION OF THE WILL
IV. Mansions Night of the Senses. Quiet.	Interior Presence of God is manifested by a blinding light (Night), by a delightful grip. (passive recollection, quiet)	Respect God's action in prayer: complete it: peace, silence, moderate activity. Outside of prayer, energetic asceticism to destroy the major spiritual vices.	Light of the Blinding Word.Delicious Wisdom.	1. First Contemplative Prayer Experiences 2. God-Light and God-Love 3. The Nights 4. The Passive Nights of the Senses 5. Active Nights of the Senses during Prayer 6. Contemplative Dryness 7. Active Night outside of Prayer 8. Obedience 9. Union of the Will 10. The Mystery of the Church
V. Mansions Union of the Will	The usual grip on the will, sometimes after the grace of mystical union	Loyalty in faith and obedience	Wisdom takes possession of the Will to realize His eternal plan: The Church	
V. –HOLINESS FOR THE CHURCH				
VI. Mansions. Night of the Spirit: Formation of the Saint and the Apostle.	God purifies and enriches by His touches in the Spirit and in the operating faculties.	Silent and patient abandonment. Poverty, Hope and Spiritual Childhood.	Union with the Christ the Savior and to Mary Completely Mother	1. Divine Enrichments 2. Extraordinary Favors 3. The Night of the Spirit: the Tragedy 4. The behavior of the Soul: Poverty Hope and Spiritual Childhood 5. Help and Models : Christ the Savior and the Virgin Mary
VII. Mansions. Transforming Union.	Complete Divine Invasion, used by the Church	Perfect Chastity and Charity. In service to the Church	Total Union with Christ	6. The Effects of the Nights 7. Engagement Period and Spiritual Marriage 8. Transforming Union 9. A Saint in the total Christ